

Table of Contents

Introduction

What is the <i>Full Marriage Experience</i> ?	1
---	---

Section ONE

Lay the Foundation for a Lifelong Marriage..... 5

Day One – What’s Your Foundation?	6
Day Two – God’s Four-Fold Vision for Marriage	7
Day Three – A Five-Dimensional Love	11
Day Four – Covenant Commitment for Marriage.....	16
Day Five – A Look at the Vows	18
Day Six – Couple Time - Discussion Questions	21
Day Seven – Marriage Investor Session Notes	22

Section TWO

Discover God’s Gift to You - Your Mate 23

Day One – Mega-Different – As God Prescribed.....	24
Day Two – Charting Your Similarities & Differences.....	25
Day Three – Unraveling the Hard Wiring	27
Day Four – Traveling the Life Path Journeyed	30
Day Five – Uncovering the Core Values	32
Day Six – Couple Time - Discussion Questions	36
Day Seven – Marriage Investor Session Notes	37

Section THREE

Survive a Positive Identity Change..... 39

Day One – Step Out of One Family & Into Another	40
Day Two – Three Types of Couple Identities	42
Day Three – Roles - A Partnership Made in Heaven.....	43
Day Four – Husband & Wife - Divinely Designed Functions	45
Day Five – Lay Your Expectations on the Table	49
Day Six – Couple Time - Discussion Questions	52
Day Seven – Marriage Investor Session Notes	53

Section FOUR

Fight With Your Mate & Please God Too..... 55

Day One – Four Fighting Games People Play.....	56
Day Two - Stepping Through the Minefield of Mixed Messages	59
Day Three – Pathway to Successful Communication	62
Day Four – A Game Plan for Safe Problem Solving	64
Day Five – The Couple’s Peace Plan.....	66
Day Six – Couple Time - Discussion Questions	68
Day Seven – Marriage Investor Session Notes	69

Section FIVE***Ensure the “I Do’s” Last a Lifetime 71***

Day One – Six Choices that Breed Marriage Barriers	72
Day Two – Four Choices that Guarantee a Lifetime	74
Day Three – The Choice to Deepen Intimacy	76
Day Four – The Choice to Protect Friendship	78
Day Five – The Choice to Forgive	80
Day Six – Couple Time - Discussion Questions	82
Day Seven – Marriage Investor Session Notes	83

Section SIX***Walk on the Spiritual Side of Marriage 85***

Day One – The Faith-Effect on Marriage	86
Day Two – Charting Your Spiritual Journey	87
Day Three – Merging Spiritual Paths	92
Day Four – Is His Divine Hand on Your Relationship?	93
Day Five – Growing with God as a Couple	96
Day Six – Couple Time - Discussion Questions	98
Day Seven – Marriage Investor Session Notes	99

Section SEVEN***Plan For Your Future Together, Together 101***

Day One – Personal Goals & Accomplishments	102
Day Two – Plotting Your Life Together	105
Day Three – Your Perspective on All Things Money	108
Day Four – Assess What You Bring to the Marriage	110
Day Five – Putting a Budget Together	112
Day Six – Couple Time - Discussion Questions	115
Day Seven – Marriage Investor Session Notes	116

Section EIGHT***Prepare the Marriage Bed for a Lifetime of Pleasure 117***

Day One – God’s Ideals on Intimate Relationships	118
Day Two – The Call to Celebrate Sex for Life	120
Day Three – Discovering How to Love & Be Loved	121
Day Four – Cultivating a Lifelong Sex Life	123
Day Five – Getting Off to a Fresh Start	127
Day Six – Couple Time - Discussion Questions	128
Day Seven – Marriage Investor Session Notes	129

Appendix A: Sources	131
---------------------------	-----

Appendix B: New International Version Bible Verses	135
--	-----

About The Author	145
------------------------	-----

Order Form	146
------------------	-----